



Unpaid Internship with Growing Hope NUTRITION EDUCATOR

About Growing Hope:

Growing Hope is a 15-year-old non-profit organization in Ypsilanti, Michigan dedicated to helping people improve their lives and communities through gardening and increasing access to healthy food. Our commitment to increased access to healthy foods is demonstrated through our Farmers Markets. We operate two Ypsilanti Farmers Market locations and the Ypsilanti Mobile Farm Stand. We aim to help people, particularly those with barriers to healthy food, gain self-reliance growing their own food, while gaining the skills and knowledge needed to achieve their desired level of health.

Areas of interest:

Nutrition Education, Dietetics, Food Security

Position Description:

Growing Hope is seeking a Nutrition Educator Intern to assist with the nutrition education booth also known as the “Veggucation Station” at our Ypsilanti Farmers MarketPlace (YFMP) on Tuesdays. The “Veggucation Station” is crucial to Growing Hope’s nutrition education program through healthy food sampling, recipe distribution, and cooking demonstrations. The position includes preparing healthy recipe samples in a licensed commercial kitchen, demonstrating how to prepare recipes on-site, and overseeing our Teen Mentors on-site as they assist in sampling the recipes.

Intern will work approximately 12-15 hours per week total, and must be available to work Monday afternoons and Tuesdays from 1 p.m. to 7 p.m as well as meet once/weekly with the Growing Hope Farmers Market & Nutrition Manager for planning. Intern must have a car and be willing to use it to transport some materials to and from market. Additionally, each intern will choose a topic of their choice related to nutrition, food insecurity and farmers markets for self-study.

Tasks include:

- Prepare seasonal produce, recipes and handouts for food sampling at the YFMP.
- Prepare and lead cooking demonstrations focused on affordable, seasonal produce at the Tuesday YFMP.
- Be a point of contact for two of Growing Hope’s teen interns while sampling food at the Tuesday’s YFMP.
- Assist in survey collecting, data entry and some light grant reporting

Qualified candidates will exhibit the following:

- Formal schooling in and/or extensive personal knowledge of nutrition concepts
- Familiarity with USDA dietary guidelines; understanding of concept of evidence-based curricula
- Passion for and experience with healthy, vegetable-centric cooking—knowledge of gardening a plus
- Basic food prep and handling skills, and the ability to follow a simple recipe accurately
- Excellent verbal and written communication skills; Approachable, outgoing, and professional personality
- Training in food safety (ServSafe certification preferred but not required) and ability to implement such standards to run a clean, safe sampling station
- Interest in food justice and food systems, and a belief that all people deserve access to healthy food
- Experience interacting with people from all walks of life; Comfortable working alongside high-school aged youth; Ability to work independently
- Great multitasking skills

- Willingness and desire to learn from and coordinate with the Farmers Market and Nutrition Manager
- Some event planning, organizing, or tabling experience preferred
- Able to lift at least 40 lbs. and comfortable with doing some manual labor; Comfortable with working outdoors, sometimes in very hot, cold or rainy weather

Unpaid Availability:

Summer Term- April 16, 2018- August 31, 2018. 12-15 hours a week. Depending on school calendars June 4 start date is possible to be considered. *Intern applicants who can serve for the Fall Term will be given priority.*

Fall Term- mid-August-December 18, 2018.

To Apply: Please apply by March 26, 2018. Cover letter (1 page) and resume, that includes what you hope to gain during your internship, and what you think you could most contribute. Also include your desired hours and schedule availability. Please send these documents to apply@growinghope.net or drop them off in person to the Growing Hope Center at 922 West Michigan Avenue, Ypsilanti, MI 48197.

We encourage the following groups to apply: people of color and individuals who possess an in--depth understanding of poverty or economic hardship. Growing Hope is an Equal Opportunity Employer and does not discriminate potential employees based on race, creed, age, color, disability, national origin, sex, gender identity, sexual orientation or marital status.